

A HOLIDAY HOME.

12, Sussex Square,
Brighton.*To the Editor of the "Nursing Record."*

DEAR EDITOR,—I thought you would like to know how much we all enjoyed our Christmas day at the Home of Rest. We started the day by going to early Service. At breakfast time the real excitement began, with opening our letters and parcels, and seeing each other's presents. We then attended the 11 o'clock Service. Dinner at 2 p.m. was a great event. Mrs. McIntyre had the dining room and table beautifully decorated. It all looked so pretty that I took photographs, copies of which I enclose to you. [Very tasteful indeed. Ed.] We had great fun and all enjoyed our dinner exceedingly. Afterwards we drank the healths of first Mrs. L. Lucas as our President, your own as Hon. Secretary, and Mrs. McIntyre, "Absent Friends" were not forgotten, and last but not least Our King, and Queen. In the evening we played all sorts of games, and after supper the maids joined us in dancing. Real old fashioned dances, Sir Roger de Coverley and the Swedish dance. Our very happy day was brought to a close all too soon, and we finished up with "Auld Lang Syne," and "God Save the King." Wishing you a Happy New Year.

I remain,
Yours sincerely,
ONE WHO WAS PRESENT.

Comments and Replies.

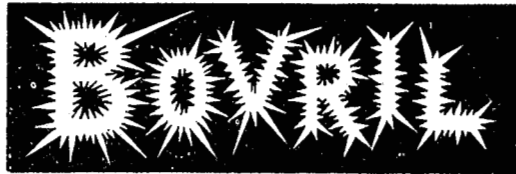
Dr. A. Altrino, Amsterdam.—Your article will appear next week. A consensus of opinion demands professional

self-government for trained nurses, and we consider the outlook most hopeful. The difficulty is to convince medical practitioners that such government would conduce to good order and discipline in the nursing ranks, and make their relations with nurses more harmonious and satisfactory. The well educated and trained nurse recognises medical authority in her relation to the sick much more loyally than the half-trained woman, and Miss Nightingale laid down the principle years ago that nurses and nursing should be superintended by women, and not by men. See Miss C. J. Wood's admirable paper, "A Retrospect and a Forecast," which appeared in this journal last week.

Correspondent, Sweden. The objects of the International Council of Nurses are (a) to provide a means of communication between the nurses of all nations and to afford facilities for the interchange of international hospitality; (b) to provide opportunities for nurses to meet together from all parts of the world to confer upon questions relating to the welfare of their patients and their profession. Membership is open to any National Council of Nurses, formed of representative societies and institutions of nurses provided that their constitution is in harmony with the basis of the constitution of the International Council. In order to facilitate the representation of the different countries in the International Council the Executive Committee is authorized to elect some representative nurse to represent any country as an Hon. Vice-President until such time as a National Council shall be fully organized.

Home Sister. Try the following recipe for Coffee Cream. Soak $\frac{1}{2}$ oz. of gelatine in cold water for half an hour, then pour upon it half a gill of strong coffee, boiling hot, add $\frac{1}{4}$ lb. of sugar, stir this until dissolved and then strain the liquid into an earthenware pan. Set this in iced water, and when the mixture is beginning to thicken, pour in three quarters of a pint of cream, or three quarters of a pint of good milk. Stir it regularly and evenly for about ten minutes, or until it is thick, and then turn into a glass dish.

Don't shiver, drink Bovril.



"VIROL" is recommended as a fat food for the young.

Patron—H.R.H. THE PRINCESS OF WALES.

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STANLEY SMITH, *Secretary.*

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